

28

maart



BEWELLNESS
AUFGUSS CHALLENGE 2026

PROGRAMMA



Eventsauna

| Tijd | Thema | Saunameester(s) |
|-------|--|------------------|
| 11:00 | Openingsopgieting | Joris & Karolina |
| 11:45 | When house music was born | An & Alexander |
| 12:30 | The battle within | Wim |
| 13:15 | Osho heart meditation | Tiennot |
| 14:30 | Sjamantastic | Johan & Boris |
| 15:15 | Oldies but goldies - let's have a party | Eddy |
| 16:00 | (Z)ingeving | Jan |
| 16:45 | Doe mor normaal - da's al erg genoeg | Alexander |
| 18:00 | Gratitude to grace - the transition | An |
| 18:45 | Oktoberfeste | Koen |
| 19:30 | Celtic mystic - the ancient wisdom of the sacred trees | Boris |
| 20:15 | De mystiek en magische essentie van Mexico | Marcia |
| 21:00 | Prijsuitreiking | Alle deelnemers |